

## Hazelnut Component Panel

Test ID: FHZCP

### Explanation:

Effective November 23, 2026, Test ID FHZCP, referred to Eurofins Viracor, will be obsolete due to availability of Mayo test NUTHR.

### Recommended Alternative Test:

## Hazelnut-Food Component Reflex, S

Test ID: NUTHR

### Reflex Tests:

| Test ID | Reporting Name                   | Available Separately | Always Performed |
|---------|----------------------------------|----------------------|------------------|
| NUTHX   | Hazelnut-Food Components, IgE, S | No                   | No               |

### Methodology:

Fluorescent Enzyme Immunoassay (FEIA)

### Reference Values:

| Class | IgE kU/L  | Interpretation       |
|-------|-----------|----------------------|
| 0     | <0.10     | Negative             |
| 0/1   | 0.10-0.34 | Borderline/equivocal |
| 1     | 0.35-0.69 | Equivocal            |
| 2     | 0.70-3.49 | Positive             |
| 3     | 3.50-17.4 | Positive             |
| 4     | 17.5-49.9 | Strongly positive    |
| 5     | 50.0-99.9 | Strongly positive    |
| 6     | > or =100 | Strongly positive    |

Concentrations of 0.70 kU/L or more (class 2 and above) will flag as abnormally high.  
Reference values apply to all ages.

**Specimen Requirements:****Supplies:** Sarstedt Aliquot Tube 5 mL (T914)**Collection Container/Tube:****Preferred:** Serum gel**Acceptable:** Red top**Submission Container/Tube:** Plastic vial**Specimen Volume:** 1 mL Serum**Collection Instructions:** Centrifuge and aliquot serum into a plastic vial.**Minimum Volume:** Serum: 0.6 mL**Specimen Stability Information:**

| Specimen Type | Temperature              | Time    |
|---------------|--------------------------|---------|
| Serum         | Refrigerated (preferred) | 14 days |
|               | Frozen                   | 90 days |

**CPT Code:**

86003

**Day(s) Setup:**

Monday through Friday

**Report Available:**

Same day/1 to 3 days

**Questions**

Contact MCS Referrals Supervisors Amy Bluhm or Heather Hilgart at 800-533-1710.